

RESPECTABLE SINS  
*Confronting the Sins we Tolerate*

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Tonight, our topic of study is one that for many will be a struggle and one that we have learned to reason away as normal responses to difficult circumstances. I have entitled tonight's study *Frustrated with Anxiety and Discontent with Worry*. As our title implies we want to discuss four basic sins that are inter-related: anxiety, worry, frustration and discontentment.

**DEFINING THE SINS**

As we begin tonight to confront these sins, it is important that we first clearly define them for what they are. It is only as we can clearly define these sins that we will be able to first \_\_\_\_\_ them and then secondly \_\_\_\_\_ with them properly.

**Anxiety**

- The most prominent passage in the NT that deals with anxiety is Matthew 6:25-34.
- Here we find the phrase "take no thought" used \_\_\_\_\_ times.
- It is the Greek word *merimnao* which means to be anxious.
- Anxiety is based in \_\_\_\_\_ that lacks \_\_\_\_\_ in God.
- Anxiety then includes two basic thoughts: distrust in God or an unwillingness to \_\_\_\_\_ His providential \_\_\_\_\_.

**Worry**

- The concept of worry is similar to anxiety and is a synonym of it; however, in our popular culture, worry is often associated with the \_\_\_\_\_ term cares that cause us greater \_\_\_\_\_, then the short term inconveniences.
- People tend to worry about things still yet in the \_\_\_\_\_, beyond our \_\_\_\_\_.

**Frustration**

- Although akin to worry and anxiety, frustration differs in that it involves more to the concept of \_\_\_\_\_ instead of fear.

- When things don't go our way; when our plans are changed beyond our control, we get angry at the \_\_\_\_\_ and become frustrated.
- I appreciate how Bridges ties this sin with ungodliness from last week. He says, "this type of reaction has its roots in my ungodliness at the moment, for at the time I am living as though God is not \_\_\_\_\_ in my life or my circumstances." [pg 69]

**Discontentment**

- As we have seen anxiety and worry involve fear, frustration revolves around anger over my plans be thwarted, now we must understand that to be discontent is mostly linked to \_\_\_\_\_ circumstances.
- The state of our life is not where we \_\_\_\_\_ it should be and we see no \_\_\_\_\_ of change on the horizon.

**DEALING WITH OUR SINS**

There are five thoughts I want us to see in relation to dealing with these acceptable sins we all too often tolerate.

**T \_\_\_\_\_ in the Lord (Prov. 3:5-6)**

- The word *trust* in 3:5 is a Hebrew word which means to be \_\_\_\_\_ in.
- It also can mean to be \_\_\_\_\_ of.
- Too often when we face difficult days we suspect that God's motives are not pure.

**A \_\_\_\_\_ God's Plan**

- God is at \_\_\_\_\_ in our lives. (Phil 1:6; Rom 8:28; Is 55:6-9)
- He has \_\_\_\_\_ our steps (Ps. 139:16, 37:23)

**Reject the V \_\_\_\_\_ Mentality**

- Everything that happens in our lives is an \_\_\_\_\_.
- Steward the opportunities do not \_\_\_\_\_ them.
- 2 Cor 12:9; 1 Peter 1:6-7; Job 1:21, 2:10, 23:10

**Memorize and Meditate Upon the Scripture (Ps 119:11)**

**Apply the Truth with the Holy Spirit's Help**